

# STUDENT HEALTH SERVICES

SCHOOL SITE: \_\_\_\_\_ FAX: \_\_\_\_\_

## PHYSICIAN'S RECOMMENDATION FOR MEDICATION

This form is to be filled and signed by a licensed physician. The form should then be signed by the parents or guardians and returned to the school.\*

_____	_____	_____	_____	_____
Pupil's Last Name	First	Middle	Age	Birthdate
_____			_____	_____
Name of School			Telephone/Fax	Grade

The law allows any person to assist in carrying out a physician's recommendations. The school recognizes the desirability of following a physician's recommendations as nearly as possible at school, just as does a parent at home or any other person (not necessarily a nurse) if the physician requests his assistance. The fact that this is a service or accommodation which the school is not legally required to perform is recognized by all parties signing this form, and in so signing they agree to hold the district, employees or agents, harmless from all liability, suits, claims, of whatever nature of kind, which might arise out of these arrangements.

Do you wish this child to receive medication at school? Yes  No

Do you wish the child to carry the medication with him/her? Yes  No   
If yes, please fill in the following blanks:

	Name of Medication	Form (tablet, pill, capsule, etc.)	Number to be taken	Approximate Time of Day	Observed or Assisted by Whom (self, teacher, nurse, etc.)
(1)	_____	_____	_____	_____	_____
(2)	_____	_____	_____	_____	_____

Precautions if any: \_\_\_\_\_

How is medicine to be brought to school: \_\_\_\_\_

By whom (pupil, parent, etc.)? \_\_\_\_\_

How often (daily, weekly, etc.)? \_\_\_\_\_

In what kind of container (envelope, bottle, plastic container)? \_\_\_\_\_

Does the physician wish to be able to talk briefly by telephone with someone (teacher, nurse, principal, psychologist) at intervals (weekly, monthly, quarterly) to see how this child is faring? If so, indicate:

person(s) \_\_\_\_\_ and intervals \_\_\_\_\_ and you will be notified as to numbers and times at which the person(s) may usually be reached at school by telephone.

**IMPORTANT:** Please discontinue this request as of the following date: \_\_\_\_\_  
Mo. / Day / Yr.

After this date, changes or continuance of these arrangements must be secured by filling out a newly dated copy of this form.

_____	_____	_____	_____	_____
Signature	California Medical License No.	Address	Telephone	Date
_____				_____
**Parents or guardian's full name				Date
_____				_____
**Parents or guardian's full name				Date

\*See reverse side for legal provisions and suggestions for school procedures.

\*\*Signatures of both parents or guardians are necessary if they are living with or having custody of the child.

The Sweetwater Union High School District does not discriminate with regard to sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, mental disability, or physical disability, age, marital or parental status or any other unlawful consideration."  
SUHSD Board Policy #2224

Copy: School Nurse  
Person Administering Medication

## **Background Information**

### **LEGAL PROVISIONS**

The purpose of allowing medication to be given to pupils by authorized school personnel is to help provide for their general welfare by following the instructions of their physicians. This position is clarified by the intent seen in the following sections from the Nursing Practice Act (Chapter 6 [commencing at Section 2700] division 2 of the Business Professions Code).

#### **NURSING OR MINISTRATIONS NOT PROHIBITED BY CHAPTER**

The performance by any person of such duties as required in the physical care of a patient and/or carrying out medical orders prescribed by a licensed physician; provided, such person shall not in any way assume to practice as a professional, registered, graduate or trained nurse. (Business and Professions Code Section 2727(e)).

#### **PRACTICES UNAUTHORIZED**

This chapter confers no authority to practice medicine or surgery or to undertake the prevention, treatment or cure of disease, pain, injury, deformity, or mental or physical condition in violation of any provision of law." (Business and Professions Code Section 2726).

#### **SUGGESTIONS FOR SCHOOL PROCEDURES**

The procedures covering medication brought to school to be taken by pupils according to the provisions listed on the other side of this form will be expedited if the following procedures are used:

1. Two copies of the form are supplied, one for the school files and one for the person authorized to administer the medication.
2. Only medication prescribed by the pupil's physician as being necessary to be taken by the pupil in the manner listed on this form should be brought to school.
3. Such medication should be taken by the pupil in accordance with instructions from the physician as listed on this form.
4. Medication brought to school to be given to the pupil according to the provisions listed on this form should be in containers which are clearly marked with the name of the pupil; the name of the prescribing physician, an identification number or name of the medication, the druggist who dispensed the medication or the manufacturer, and the amount of medication to be taken at specified times or in specific situations.
5. All medication should be kept in a secure place. Any special instructions for storage or security measures of any medication should be written by the physician and given to school personnel so that such instructions can be followed.